



National Alliance on Mental Illness

NAMI Tri-Valley

PARENT RESOURCE & SUPPORT GROUP

Are you looking for support and information to cope with your child's behavior? NAMI Tri-Valley offers a once monthly Parent Resource and Support Group that is free and no registration required.

This is a peer parent facilitated informal open-agenda format group for parents, grandparents, adoptive and foster parents raising children/adolescents up to age 17 diagnosed with or suspected of having behavioral, mood or psychotic disorders. Resources, information about child/adolescent disorders and advocacy are also provided.

Every 3rd Tuesday of the month

NEW TIME! 12:00 p.m. to 2:00 p.m.

**5674 Stoneridge Drive, Suite 114,
Pleasanton, CA 94588**

For further information, please contact:

Marsha McInnis,
Phone: (925) 980-5331
E-mail: marsha@nami-trivalley.org

NAMI Tri-Valley is a 501 (C) (3) all volunteer non-profit organization. NAMI Tri-Valley, in collaboration with other community agencies and organizations, is dedicated to improving the quality of life for those whose lives are affected by mental illness, by providing support, resource information, education programs, and advocacy.

Revised: 2/2019

NAMI Tri-Valley • P.O. Box 5563 • Pleasanton, CA 94566 • www.nami-trivalley.org